



# FOOTBALL PLAYER & PARENT MEETING

2026 University High School



# INTRODUCTION

- ✓ **Welcome**
- ✓ **Expectations - TNT**
- ✓ **Goals**
- ✓ **Social Media Waiver**
- ✓ **Blast Fundraiser**
- ✓ **Coaching Staff**
- ✓ **Schedule**
- ✓ **Team rules**
- ✓ **How to support your son**
- ✓ **Q & A**





**WELCOME!**

**UNI FOOTBALL  
HEAD COACH**

**VINCE MESA**

**EMAIL:  
VINCEMESA@IUSD.ORG**



# COACHING STAFF



**Randall Noji**



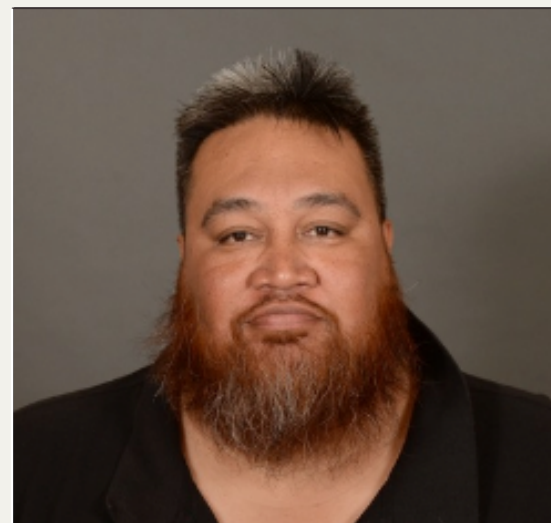
**Micheal Davis**



**Alex Cervantes**



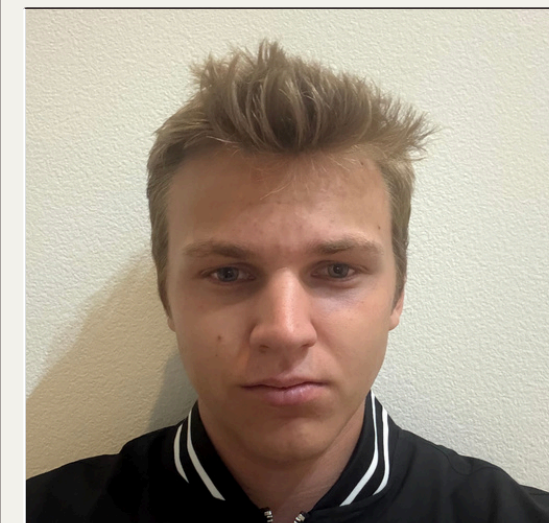
**Nikos Reza**



**JT Niumata**



**Tim Skaggs**



**Ryan Pizzo**

# EXPECTATIONS



**TNT - Takes No Talent**



**Show up & Show up on time**



**Be competitive**



**Be a good teammate**



**Be Prepared**



**Have Fun!**



# SCHEDULES



## MAY

- May 11 - Weightlifting Competition @Irvine HS
- May 22 - Blue/ White Game
- May 22 - Last Day of Spring
- May 23 or 26 - Physicals Due



## JUNE

- Jun 1 - Last day to register for Summer Camp
- Jun 22 - 1st Day of Summer Camp



## JULY

- Jul 2 - No camp
- Jul 9 - @Laguna Hills
- Jul 11 - Uni hosted tournament
- Jul 15 - @Uni vs. Beckmann
- Jul 17 - Irvine Showdown
- Jul 17 - Last day of Summer Camp
- Jul 22 - Golf tournament
- Jul 27 - 1st Day of Fall Camp



## AUGUST

- Aug 13 - Scrimmage @Uni vs Capo Cristian
- Aug 20 - Week 0 @Uni vs Godinez

# SUMMER CAMP



## Not full contact, but will be physical

- Look to purchase soft helmets
- Gets you ahead for the season



## JUNE 22 - JULY 17 ( 4 weeks )

- Mon, Tue, Wed, Thu | 3pm - 5:30pm
- Suggested **\$500** but minimum **\$350**  
(Donation)



## Requirements

- No experience necessary
- Pre-order practice gear by May 15, Athletic Clearance required
- Register via the [UNI Athletics Summer camp page](#) ASAP
- Last day to register **Jun 1**

## CAMP COSTS & DONATIONS

**100% of your donation directly funds summer program costs, including coaching, equipment, and facilities.**

### FAMILIES MAY CONTRIBUTE IN THE WAY THAT WORKS BEST:

- **Cover the suggested amount**
- **Make a partial donation (any amount is appreciated)**
- **Give extra to sponsor other players**
- **Register without a donation**

\*\*\*Donations are voluntary per state law and school policy, and no student will be excluded from Summer Skills Camp due to inability to pay.

# FALL CAMP



REGISTRATION - JULY 25



EQUIPMENT PICKUP DAY - TBD



FIRST DAY OF FALL CAMP - JULY 27

Schedule: M-F 2:30pm - 6:00pm, Sat 9am - 11:30am

Per CIF rules, all players must complete at least 15 days of practice to be to compete in games. 5 days must be in helmets and 10 days in full gear. CIF rules, eligible players must complete at least 15 days of practice to be eligible to compete in games. 5 days must be in helmets and 10 days in full gear.



# GOAL



**Improve every day**



**Intense development on and off the field**



**Find our guys**



**Win League**



# TEAM RULES

- **BE ON TIME**
- **BE IN THE APPROPRIATE CLOTHES, SHOES & COLOR ( BLUE, WHITE, BLACK, GREY ) NO CROCS, FLIP FLOPS, OR BARE FEET. YOU WILL BE KICKED OUT OF PRACTICE UNTIL YOU HAVE ON THE CORRECT ATTIRE.**
- **MAINTAIN AT LEAST A 2.0 GPA ( IF YOU HAVE BELOW A 1.75 AT THE END OF THE 3RD QUARTER, YOU WILL NOT PARTICIPATE IN COMPETITIONS OR GET REPS IN PRACTICE )**
- **ABSOLUTELY NO CELL PHONES AT PRACTICE OR CLASSROOM, UNLESS TOLD OTHERWISE.**
- **IF YOU ARE GOING TO BE LATE, YOU WILL NEED TO COMMUNICATE IT TO COACH.**
- **YOU ARE ALLOWED 5 ABSENCES, IF YOU ARE GOING TO MISS MORE THAN 5 I WILL NEED TO SPEAK TO YOUR PARENT.**

# **SOCIAL MEDIA WAIVER**

- **We use social media to promote the program**
- **We promote our players**
- **Information to the community**
- **Opt out**

# OFF-SEASON

SEASON	PROGRAM	KEY BENEFIT	IMPACT ON FOOTBALL
<b>WINTER</b>	Track & Field	Speed Development, Conditioning, Mental Toughness	Faster athletes = more separation, better pursuit angles, and game-changing plays
<b>SPRING</b>	Strength & Conditioning (Weightlifting)	Increased Strength, Injury Prevention, Improved Body Composition, Discipline & Accountability	Stronger players win more one-on-one battles and stay healthier throughout the season
<b>SPRING</b>	4-VERT & 5-UpFront League	Skill Development & Competition, Skill Application	Football IQ, Team Chemistry, Fun, Competitive Environment

**Year-Round Engagement = Program Success**

# PARENT INVOLVEMENT : FUNDRAISING

## Why We Fundraise

- Year round program, including off-season (not school-funded), cost: \$75,000
- Varsity home game ticket sales are collected by ASB

The collage features several images: a football player at a computer, a player in a blue helmet, a soccer goal, a coach with a headset, a pool of swimmers, a group of students sitting on a couch, a group of students at a table eating, a student lifting a barbell, and a group of students on a field. A central pie chart is surrounded by these images.

Category	Color
Off Season	Blue
Team Meals, Events & Banquet	Red
Coaches' Expenses	Yellow
Media	Green
uniforms & Equip.	Orange
G&A	Light Blue

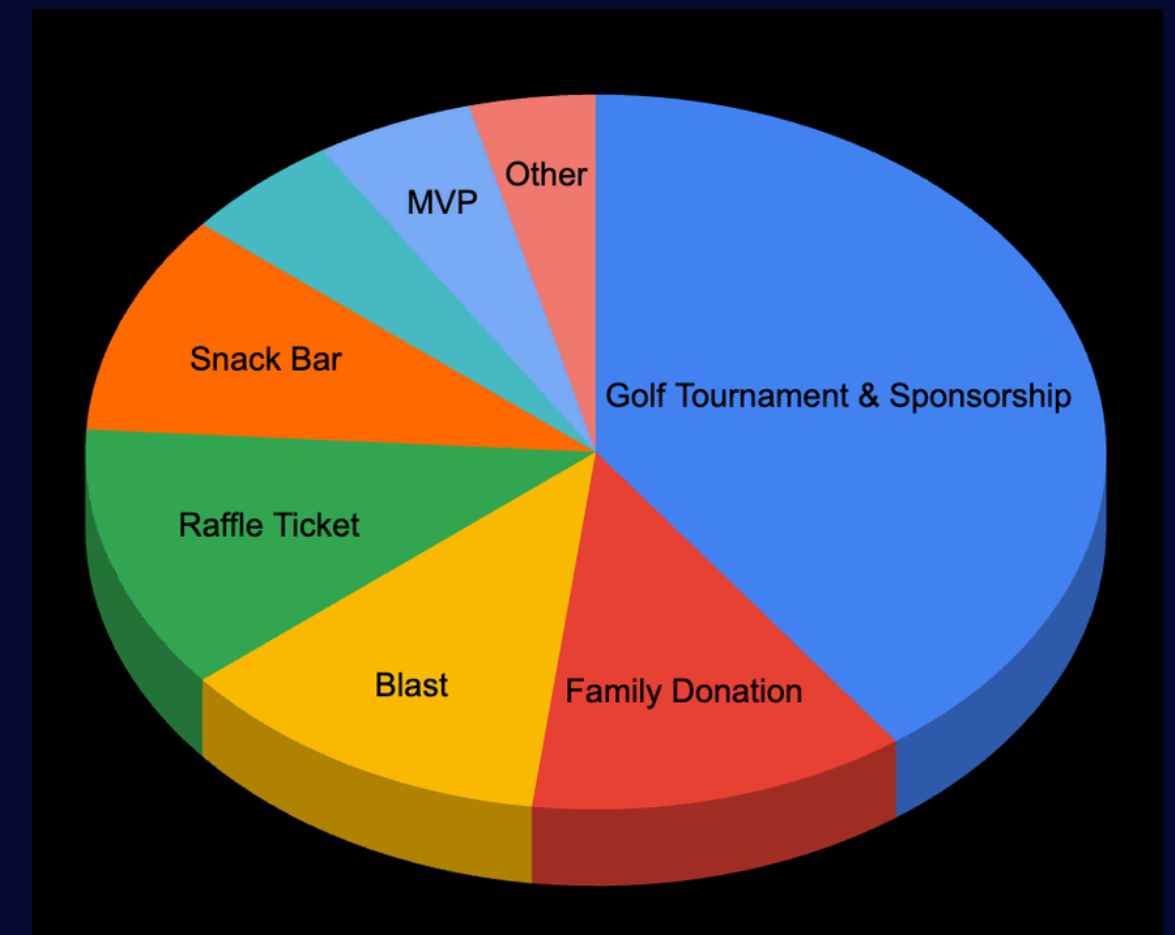
# PARENT INVOLVEMENT : FUNDRAISING

## INDIVIDUAL FUNDRAISING GOAL

- Parents & players work together to raise **\$1,000 per player**
- Lower than other programs :
  - Basketball: \$1,300
  - Cheer: \$2,000+

## HOW TO REACH YOUR \$1,000 GOAL

- Family registration (donation), \$410, or sell a stadium banner
- Raffle ticket sales
- “Blast”
- Corporate Match



### Fundraising

- Golf Tournament & Sponsorship
- Family Donation
- Blast
- Raffle Ticket
- Snack Bar
- Festival Parking
- MVP
- Other

# PARENT INVOLVEMENT : VOLUNTEERING

## Booster Board Members

- President : Todd Elmer
- VP Fundraising: Pete Carmichael
- Treasurer : Alex Campos
- Secretary : Lara Heale
- At Large : Jim Mathison
- Key Contributor : Nok Kaewprasert

## Volunteer Positions : Filled

- SuperBowl Square
- Parking Fundraiser
- Uniforms
- Website & Webstore
- Tech Ops, Roster & Contact Database
- Communications - TeamSnap, Social Media
- Game Program & Player Ads
- Banners - for Seniors & Sponsors
- PA Annoucer, Statistician, MaxPrep
- Snack Bar Co-Lead
- Chain Lead
- Blue&White
- Photo Day
- Quaterly Newsletter

# PARENT INVOLVEMENT : VOLUNTEERING

## Volunteer Positions : Open

### **Volunteer Co-ordinator**

#### **EVENTS**

Sell Corporate Sponsorships

Summer Camp Check-in

Summer Camp Pool Party

Senior Night

Banquet

Golf Tournament ( See flyer )

#### **GAME DAY**

Pre-Game Meal

MVP Program Co-ordinator

Spiritwear Lead

Sr Banners/End Zone Sign Setup/Takedown

Photographer

Field Chain Crew

Spotter

Clock Operator

SideLine Tech

**\*\*\* Join our monthly Booster meetings \*\*\***



# BLAST ATHLETICS



## JOIN Your Team

Open Camera & Scan the QR code  
Click Create Account  
Follow the Steps to Join 'UNI High  
Football Program'



- Online Fundraiser for Family & Friends
- Text & Email is better than just email
- Personalized Call A Thon
- 3 ways to raise \$\$ - initial donations, monthly recurring donations or digital ads
- Fundraiser open all season
- We provide an experience, not a product
- Give Back to Donors with Coverage
- Grandma's, Aunts & Uncles Love Us!  
Happy Donors



# QUESTIONS ?

